

Central Washington Area N.A.

A.S.C. AGENDA

May 1, 2011

MEETING CALLED TO ORDER

- Reading of the Purpose of the A.S.C.
- Moment of Silence – followed by the Serenity Prayer
- Reading of the 12 Traditions
- Reading of the 12 Concepts
- Reading of the 5th Tradition
- Reading of the 5th Concept
- Open Discussion about Concept
- Reading of April Minutes
- Recognition and voting on new Groups
- Recognition of New GSR's
- Recognition of Key Tag Birthdays
- Read Officer Reports - Roll Call
- Read Group Reports - Roll Call
- Discussion of Reports
- N.A. Related Announcements
- Meetings to Support

BREAK

Reopen with a Moment of Silence followed by the Serenity Prayer

OLD BUSINESS

NEW BUSINESS

BUDGET REQUESTS

VERIFICATION OF BUDGET REQUESTS – RECEIPTS CHECKED

GRIEVANCES

FOR THE GOOD OF THE BODY

CWASC #117 of Narcotics Anonymous

April 3, 2011

Committee Meetings:

- 9:00am- Public Relations Subcommittee Meeting
- 10:30-11:30am- Phone-line/PR Orientation
- 11:00am- Activities Subcommittee Meeting
- 12:30pm- Literature Subcommittee Meeting
- 12:30pm- New GSR Orientation
- 1:00pm- ASC Starts

Meeting called to order by Area Chair, Ron, at 1:00pm with a moment of silence followed by the Serenity Prayer.

- ✓ 12 Traditions read by: Tracy
- ✓ 12 Concepts read by: Rene
- ✓ 4th Tradition read by: Dawn
- ✓ 4th Concept read by: Zach

Recognition of new groups:

Robert- Sunday Night by Candlelight: Church of Nazarene, 422 S Balsam in Moses Lake (around back and down the stairs)

Recognition of new GSR's:

Jamie- Everyday Recovery
Dennis- Alternate for SOTA
Robert- Sunday by Candlelight

Recognition of Key Tag clean time for April:

Brittany- 4/15 4 years

Reports Read (See attached)

Discussion of reports:

- Miracles and Me: requests that ASC and the web-site publish information about Area and non-area activities for groups to access. *(This was not discussed due to Area Inventory but is noted here for discussion in May 2011.)*
- Reminder to provide your reports to Theresa by next week for the minutes

Pass the basket and Positive reinforcement

Announcements for the good of NA:

- 1) **Family Fun Night**- April 16, 7:30pm-midnight @ Eagle Lanes in Yakima
- 2) Host Committee for **Embrace Recovery Campout** April 10 at noon at Eastside Shari's
- 3) **Mayhem Dance** May 13- No Grass Potluck Speaker and Dance
- 4) Everyday Recovery is planning an event towards the end of the summer
- 5) Schedules are new but the months did not get changed

Meetings to support:

- | | | | |
|----------------------|----------------------|----------------------|-----------------------------|
| -Recovery Rocks | -Clean in Cle Elm | -Serenity Sisters | -Burning Desire |
| -We Do Recover | -H.O.W | -We Can | -No Matter What! |
| -Freedom N Surrender | -Serenity on the Ave | -Just For Today | -Riel House Women's Meeting |
| -Survivor Step Study | -Process to Progress | -Freedom in Recovery | -Crossroads |
| -Serenity Sisters | -G.R.A.C.E. | | |

Break:

3:00pm-3:10pm

Ron called the meeting to order with a moment of silence followed the Serenity Prayer

Old Business:

-We skipped this part of the agenda in favor of the Area Inventory

New Business:

Area Inventory: Franny from WSO here for our Area Inventory. We do this to examine how this area services our community. We have 31 groups in the area and only 10 returned the Area Inventory Form today. Each member at ASC was asked to write down one thing/issue that we need to discuss today. Franny asked if members knew what happened to GSR reports after they are turned in and if groups were keeping copies of these for their own minutes. She asked if groups have open positions and if members were familiar with "Group Business Meeting" pamphlet.

- GSR- Does the group have GSR & financial reports available for group members at all times?
- Attendance Roster for area to be posted on the web-site for GSR to be accountable
- Are there groups consistently not a part of ASC? What does ASC do to take care of that? (See P's \$ G's)
- Do groups contribute to WSC?
- How do we communicate with groups not showing up? (See P's \$ G's)
- Groups consistently giving to ASC
- Year end reports to go back to the groups
- Literature- how much inventory to we keep in stock? Do we track inventory?
- Does ASC make contributions to Region and World and how much? (see monthly treasurer report) ASC to make more announcements regarding locating this information
- Do GSR's read and print out ASC minutes? GSR's are emailed each month a reminder to do this
- New GSR training each month before ASC
- Communication between groups and ASC needs improvement
- Treasurer does audits and members are welcome to attend and participate
- Chair positions at ASC level and service rotation- mentoring of members for upcoming positions
- Increase value of trusted servants to foster interest in service
- Can NA be present in Drug Court?
- Phone-line is doing well and very responsive to addict needs

- Look into Drug Awareness months and be speaking with schools and local public health departments
- Public Service Announcements in local newspapers, PI in buses, benches, nursing homes, jails. Coordinate community outreach and member training, ect.
- Can we better implement the PR hand-book
- Can we better implement Guide to Local services
- Topics of discussion for next ASC- traditions 1 and 12
- Supporting meetings- maybe supporting one particular meeting each month rather than an ongoing list of meetings in the notes.
- Procedures and Guidelines are posted to web-site and will be discussed at the next ASC meeting. Print them out, read them and be ready to agree or disagree.

The quantitative data from the 10 Area Inventory Forms which were turned in today:
(1= not at all, 2=needs improvement, 3= adequate, 4= outstanding, 5= excellent)

- 1) How well does the area communicate with local groups? 3
- 2) How well does the area respond to the needs of local groups? 2.12
- 3) How well does is the area managing its donations and area treasury? 4
- 4) How effectively does the area demonstrate responsibility and accountability? 3.5
- 5) How fully does the area train and support members who serve on ASC? 3.3
- 6) How well does the ASC foster an atmosphere of courtesy and mutual respect? 3.5
- 7) How completely does the area provide opportunities for communication about committee concerns to the local group members and groups? 3.1
- 8) How well is a sense of unity fostered within the Area Service Body? 3.2
- 9) How positively is a sense of unity shown within the local groups? 2.4
- 10) What is the Area's experience with trusted servants? 2.3
- 11) How well has the area fostered the willingness of the local fellowship to volunteer for service positions? 2.9
- 12) How well does the area practice continuity and rotation? 2.7
- 13) How well does the area function in maintaining a full complement of trusted servants with no open commitments? 2.9
- 14) How fully does the area create an environment where the conscience of the body guides the decisions and directions of area? 3.2
- 15) How well is the area communicating with those in the community who interact with addicts? 3.7
- 16) How completely does the area respond to the needs of the larger community? 1.9
- 17) How well is the area using human and financial resources to carry NA's message of recovery in an effective way? 2.4
- 18) How fully trained and supported are the trusted servants who interact with members of the community? 1.6
- 19) How well has the area built cooperative relationships with those in the larger community? (not enough data to quantify)
- 20) How easily can those in the larger community reach an NA member who is in a position to respond to their questions or requests? 2.9
- 21) How effectively does the area community with the region and with NA World Services? 2.6
- 22) How well does the area respond to requests from the region and from NA World Services? How fully does the area share its needs and concerns with the region and NA World Services? 1.9

23) How reliably does the area forward funds to the region and/or World? (not enough data to quantify)

Elections:

Nominations for PR Chair: Kelly H. willing to think about it
Assistant Secretary- Emily: declined

Nominations for these positions begin in November for January elections:				
Chair	3 years	RCM I	2 years	
Vice Chair	2 years	RCM II	2 years	
Treasurer	2 years	Asst. Treasurer	2 years	
C & E Rep	5 years (nominations are being accepted)			
Nominations for these positions begin in August for October elections:				
Subcommittee Chairs	2 years			
Vice Literature Chair	1 year			
Nominations for Assistant Secretary in March for May Elections				

Motions:

None

Approved budget requests:

Glenn:	Funding: \$104.00	Ellensburg Parks & Rec
Theresa:	Funding: \$25.00	Secretary Expenses
Glenn:	Funding: \$630.43	Regional Donation
Bobbe:	Funding: \$159.00	Literature Order- Overages
Kevin:	Funding: \$66.71	Public Relations
Glenn:	Funding: \$600.00	Activities
Glenn:	Funding: \$78.50	Sound Telecom
Bobbe:	Funding: \$1171.72	Literature Order

Verification of Budget Requests:

All budget requests either had receipts attached for reimbursement or were standard monthly expenses per our guidelines.

Outstanding Budget requests:

Glenn- checks

Grievances:

None

Things to be voted on at next ASC:

None

For the good of the body:

- Please participate in the Potluck at every ASC meeting
- Please remember to pick up your cigarette butts and trash
- A motion to close was made at 4:02pm by Terry T and seconded by everyone. We closed with the Circle of Unity and the Third Step Prayer

***Next ASC: May 1st, at the Ellensburg Adult Activity Center at 1pm
506 Pine St, Ellensburg, WA (Parking is off Ruby)***

Please remember: we can only keep what we have by giving it away...while service work may begin by extending that welcoming hand to the newcomer and sharing our experience strength and hope...It doesn't end there. Thank you for the service work you do, it keeps NA alive and assures that the program of Narcotics Anonymous will always be there for the next suffering addict seeking recovery.

Officer Reports

Chair:

Dear Area,

Its been a busy month. Beginning with my PR commitment in Yakima on the 9th, sometimes it seems like we're working on the high seas and we're getting things done. On the 16th, I took a PI Panel along with Kim and Kelly to the Kittitas Sheriffs Department where we did a presentation for the meth task force, Sheriff's Department, Ellensburg Police and the Probation Department. The presentation went off well and it appeared from the question/answer period that they got what we were putting out.

On the 18th, I spoke at the No Grass Meeting in Wenatchee at on the Home Group events. It was a good time with a pot-luck and dance following the speaker. High 5 to the home groups who are doing functions besides scheduled meetings.

The 25th-27th was the annual Recovery on the Mountain Camp-out. There was a great turn-out this year. We BBQ'd a whole pig! There was food and fun for everyone. We had a blast no matter what age addict we were. This last week I've worked on and off with Eric and Kevin to accumulate the appropriate addresses, phone numbers and contact people at the facilities the Yakima Divisional PR committee covers. I look forward to continuing to balance work, rest, recovery, and play in my life for the next month.

In loving service,
Ron O

Vice Chair:

Greetings Area:

I have nothing new to report. I'm not sure if I'm expected/needed to attend all-subbs but the truth is, I wasn't able to. Hopefully all sub-committees will have representation. Thank you for letting me serve.

Gratefully,
Terry T

RCM I:

Report not submitted

RCM II:

Greetings Area,

Sorry I was unable to make it to area this month. Work stuff came up last minute. Thanks to all of you that came and was part of the area inventory. Hope it went well and everyone got some good info. Hope to see you at the next area.

In Loving Service, Christina B.

Secretary:

Hi Family-

All is well in secretary-land this month. With the creating of the new Procedures and Guidelines manual, there have risen questions about this position and the accounting of group attendance to ASC. At this point, I track attendance on the roster and Ron tracks on another form provided by the preceding chair. As this ASC grows and evolves to meet the needs of groups, we may need to consider changes to current procedure regarding the tracking of attendance. I look forward to hearing more from this committee about our needs and how I can help see these need met. Another member of this body offered revisions to our ASC forms and will hopefully present these to the body for approval.

In loving service,
Theresa

Treasurer:

All is well, please help us run things more smoothly by helping our GSR's and groups remember to give Checks or Money orders to your trusted servants, (Treasurer and Literature chair) the bag for taking the money to the bank is only so big... WAY TO MUCH CASH, spends--but awkkwwaardd,(lol)

So.. please try and help us out, it makes things much smoother for everyone involved-- it's also a lot of counting for us and the bank, still getting the big picture and it's getting clearer each and every month that I'm in this service position, and Thank You for the opportunity to serve.

Your respectful and learning to be humble servant,
Glenn W.

Activities Chair:

Thank you for allowing me to be of service. We have a lot going on in activities, and are making good progress. Could always use support. I am enjoying the process of learning.

Thank you, Dane K

Public Relations Chair:

Hello Everyone,
Busy month for me.

I attended the Wenatchee DPRC and an Orientation as well as PI training meetings.

PI: First off the exciting new world of PI. Eric and I did attend our first PI style event. We were invited to be a participant in a sort of round table by some CDP folks. They were looking at all of the peer based support groups in Wenatchee to see what kind of services we could offer their clients. They had us all together at the same time. Kind of seemed like a bidding war, between us and AA, Al-anon and

Celebrate Recovery. It went very well, we were very prepared. They seemed to like what services we have in place, a standing committee of trained volunteers, a working 24hr Phonenumber, and a Web page. We currently have a request by a Dr. James Ethier at Allied Mental Health Services to meet with him on April 8th as a result of the first meeting. Go Team!

H&I: We have a lot of H&I happening in our Area about 12 Facilities now. The only real issue seems to be at JOTC which is not a facility this body serves (other than Literature) but keeps getting put back in our laps because of the behaviors of individual NA members. I know Ron has a meeting scheduled with them this month.

Phonenumber: From what I have seen Theresa is doing a great job on the Phonenumber, I helped her a little this month updating some of the meeting info voicemail boxes, but other than that she did it all.

Schedules: Shelli is also doing a great job with the Schedules. I email her some stuff and picked them up for her.

Web Page: Heidi is still kicking ass on the web page, the only real issues left to address is getting the vanity emails up and working for the ASC and Sub- Committee Chairs. She has asked me to help we just need to work out a time.

Letters: I have letters in the mail to all the places we currently have H&I meetings.

Wenatchee; Chelan Co. Regional Justice Facility, Chelan Co. Juvenile Center and The Center for Alcohol and Drug Treatment. Yakima; Barth and Associates, Triumph Treatment Services, Pathways Adult Residential Treatment, Merit Resource Center and Apple Valley Counseling Services. Ellensburg; Barth and Associates. I also have a copy of the letter you asked me to write to Literature Only Facilities which at current count is 38. After this last experience of sending letters, we really need to look at our new Facilities List and figure out what the real name for each place is not what we call them. Also who our contact person is at the facility.

Lastly I made reminder calls or emails to those that were to gather Phonebook and PSA information from all 4 Divisions.

Thanks for letting me be of Service
Kevin D



Literature Chair:

Greetings Area:

Beginning July 1, 2011, there will be a 5% increase on all products except the Basic Text.

The bi-plate coins and the antiqued keychain medallion are now gone. The limited edition It Works How and Why is no longer available from NAWS. There is a possibility I may be able to get them from another region. If anyone is interested, please let me know, and I can research it further.

Items to be discontinued:

Audio tapes: Basic Text 8801; How and Why 8820; Spanish Basic Text CS8801; Spanish How and Why CS8820.

Book CD Rom Package: How and Why 8931; and Step Working Guides 8932.

There is a new full length Spanish 6th edition Basic text out.

Please checks and money orders are appreciated.

Thanks for allowing me to serve,

Bobbe G

